



WEEK 1

WEEKLY MENU PLANNER

	BREAKFAST	SNACK	LUNCH	SNACK	TEA - Choices Given
Mon	<i>No. of Children:</i> Cereal, Toast, Water/Milk	<i>No. of Children:</i> Fruit Milk/Water	<i>No. of Children:</i> Macaroni Cheese (with leeks, sweetcorn & bacon) Satsuma	<i>No. of Children:</i> Yogurt, milk & water	<i>Sandwiches</i> <i>Cold, Sliced Meats</i> <i>Hummus Dips</i> <i>Wraps</i>
Tues	<i>No. of Children:</i> Cereal, Toast, Water/Milk	<i>No. of Children:</i> Fruit Milk/Water	<i>No. of Children:</i> Moroccan Beef, Couscous Apple	<i>No. of Children:</i> Yogurt, milk & water, rice cakes	<i>Scones</i> <i>Fruit Bread</i> <i>Pancakes</i> <i>Crackers</i>
Wed	<i>No. of Children:</i> Cereal, Toast, Water/Milk	<i>No. of Children:</i> Fruit Milk/Water	<i>No. of Children:</i> Shepherd's Pie Sweetheart Cabbage Melon	<i>No. of Children:</i> Yogurt, milk & water	<i>Cheese Twists</i> <i>Bread Sticks</i> <i>Cheese</i> <i>Cherry Tomatoes</i> <i>Cucumber</i>
Thurs	<i>No. of Children:</i> Cereal, Toast, Water/Milk	<i>No. of Children:</i> Fruit Milk/Water	<i>No. of Children:</i> Chicken Stroganoff (with mushrooms & peppers) Tagliatelle Banana	<i>No. of Children:</i> Yogurt, milk & water, rice cakes	<i>Celery</i> <i>Beetroot</i> <i>Selection of Fruit</i> <u><i>Hot Choices:</i></u> <i>Jacket Potato with Cheese,</i> <i>Beans or Tuna</i>
Fri	<i>No. of Children:</i> Cereal, Toast, Water/Milk	<i>No. of Children:</i> Fruit Milk/Water	<i>No. of Children:</i> Fish Fingers, Peas Potato Wedges Pear	<i>No. of Children:</i> Yogurt, milk & water, dried fruit	<i>Pizza</i> <i>Spaghetti on Toast</i> <i>Home-made Soup</i> <i>Crumpets</i> <i>Tea Cakes</i>

